



TO CONQUER THE SUMMITS... BEFORE A WELL-DESERVED FONDUE!

ITINERARY THROUGH A MAGNIFICENT VALLEY (AROLLA):

Embark on a genuine ski touring adventure from the hamlet of Les Lattes, nestled in the Val d'Hérens, up to the summit of the Palanche de la Cretta. This route immerses you in untouched, wild landscapes, far from crowds and tourist infrastructure.

Along the way, you might spot unique alpine wildlife, adding a special touch to your adventure. The ascent leads to the summit of the Palanche de la Cretta, where breathtaking views of the surrounding mountains reward your efforts.

For lunch, enjoy a delicious traditional fondue. After this convivial break, an exhilarating descent through untouched snow awaits, promising unforgettable sensations.

This outing is perfect for skiers seeking adventure and escape, eager to explore pristine nature while enjoying local culinary delights.



Ski touring



Around **4.5 km**



Duration: **6h00***



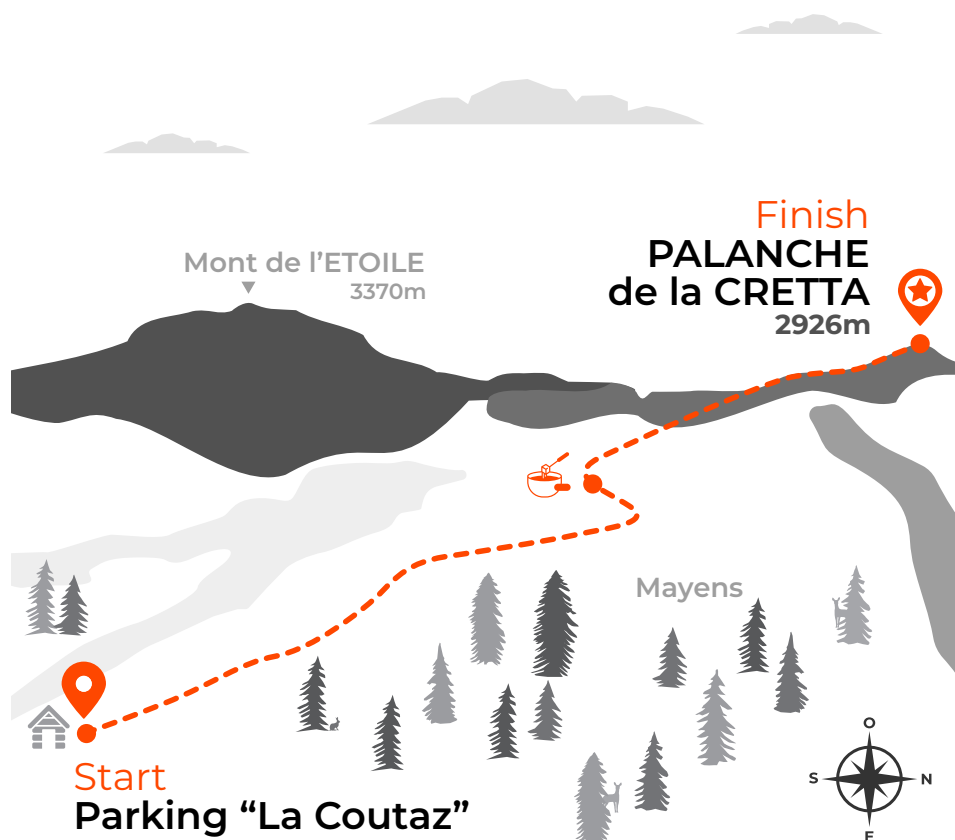
+1140m



Difficulty:
4/5 Advanced



Ski level:
Experience with
off-piste skiing
required



**The route will be adapted depending on conditions.*



OUTING PROGRAM:



SCHEDULE: Meet in front of the Swiss Ski School in Nendaz at 8:00 am, dressed in ski gear and with the required equipment.



START : We will drive to the "La Cou-taz" parking area, in the heart of the Val d'Hérens, with the school vehicle. There, the tour truly begins, in a stunning natural setting!



THE TOUR: Once equipped, we will safely follow the planned route up to the summit. The ascent takes about 5 hours, and we'll adjust the pace to suit all participants. In this wild setting, you'll be amazed by the scenery and the unique experience of ski touring far from human development.



LUNCH BREAK: We'll stop for a shared fondue lunch.



THE VIEW AT THE SUMMIT: At the Palanche de la Cretta, time stands still for a moment before the descent!

We'll take time to admire the surrounding peaks together.



THE DESCENT: We'll ski down near our ascent trail, choosing the best snow for you!



RETURN: Once back at the parking, we head to the ESS office, relishing our victorious tour!

For any questions, we're at your full disposal. Contact us!

HIGHLIGHTS:

08:00 a.m. | ESS Nendaz office **~1:30 p.m.** | Fondue lunch break **4:30 p.m.** | Return to ESS Nendaz office

EQUIPMENT CHECKLIST:

- ☒ AVY BAG (shovel, probe, beacon)*
- ☒ Ski touring skis + climbing skins
- ☒ Ski touring boots
- ☒ Touring poles
- ☒ Pants, jacket, gloves, helmet

- ☒ Sunglasses
- ☒ Bring a change of clothes
- ☒ Sunscreen
- ☒ Thermos / Snacks

**Complete pack available for rent at ESS for 20CHF*



THE ADVENTURE STARTS HERE!
Scan to locate the starting point

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